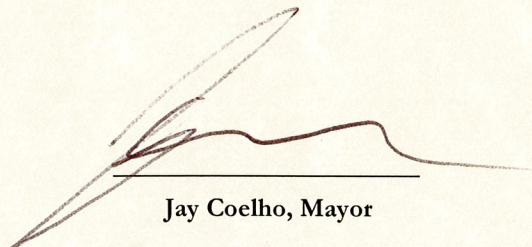


*Mayoral  
Proclamation  
In Recognition of  
Martial Arts Day 2023*

- Whereas** martial arts provide a powerful foundation for emotional development and success skills that last a lifetime; and
- Whereas** the participation in martial arts builds strength, character, focus, flexibility, and coordination while enhancing performance in other sports, in the workplace, at home and in school; and
- Whereas** martial arts enhance self, goal setting abilities, anger management and the skills of non-violent conflict resolution in people of all ages, helping them to become more productive and healthy people; and
- Whereas** the 41<sup>st</sup> Battle of Maine Martial Arts Championships will take place on March 25<sup>th</sup> and will benefit the Maine Children's Cancer Program.

Now therefore, I, Jay Coelho, as Mayor of Waterville, Maine, on behalf of the City Council, and the residents of Waterville do hereby proclaim March 25, 2023, as Martial Arts Day.

In Witness Whereof, I do hereby set my hand and seal this 7<sup>th</sup> day of March, two thousand and twenty-three.

  
Jay Coelho, Mayor

